



Family & Consumer Sciences 2008-09

	Education/Child Care	Hospitality	Interior Design	Fashion	Medical
Open to Freshman, Sophomores, Juniors & Seniors	Child Development: Early Years	Culinary Basics	Interior Decorating	Intro to Fashion Merchandising	
	Human Development: School Age Years	Pastry Chef & Restaurant Management		Fashion Design & Merchandising	
		Cuisine Chef & Catering		Fashion Design & Construction	
		Personal Chef & Dietetics			
Open to Sophomores, Juniors & Seniors	Child Care Practicum				
	Open to Juniors & Seniors	Taste of Teaching	Hotel & Travel Services		Medical Careers
Open to Seniors		Cooperative Work Program			
	Related Cooperative Work Program				

FAMILY & CONSUMER SCIENCES

Ms. Eileen Falls, Chairperson
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Students in Family & Consumer Sciences receive opportunities to develop skills as successful individuals, resourceful family members, and contributing members of society. Students also gain job entry skills and sufficient background for career and technical training.

CULINARY BASICS

FCS140 CULINARY BASICS
Elective: Grades 9, 10, 11, 12. One half unit
Prerequisite: None
Grade Weight: College Prep

This introductory course provides students with basic culinary skills needed to proceed to the "Pastry Chef" and "Cuisine Chef" courses. Students will complete part one of their food-service sanitation certification training. Study will include menu/recipe/beverage development, basic nutrition, cutlery skills, plate presentation and basic culinary techniques. This one-semester course is offered first and second semester.

PASTRY CHEF & RESTAURANT MANAGEMENT

FCS250 PASTRY CHEF & REST MGT
Elective: Grades 9, 10, 11, 12, One half unit
Prerequisite: Foods & Nutrition, Adv. Foods, or Culinary Basics

Grade Weight: College Prep

This advanced course provides students with extensive baking skills in pastries, cakes, confections, and breads. Students complete part 2 of the food service sanitation certification training. Further your cutlery skills in addition to plate presentation and menu/recipe development. This course runs/operates the Javaccino coffee bar and includes units in restaurant management. This course is offered first semester only.

CUISINE CHEF & CATERING

FCS260 CUISINE CHEF & CATERING
Elective: Grades 9, 10, 11, 12, One half unit
Prerequisite: Foods & Nutrition, Advanced Foods, or Culinary Basics

Grade Weight: College Prep

This advanced course provides students extensive culinary skills in the areas of presentation, stocks, sauces, hors d'oeuvres, canapés and meat cookery. Students complete part 3 of the food service sanitation certification training. This course furthers the students' cutlery skills and offers catering opportunities. Cuisine Chef runs/operates the Javaccino coffee bar and includes units in restaurant management. This course is offered second semester only.

Note: Students successfully completing parts 1, 2, and 3 of the foodservice sanitation certification training, will have the opportunity to earn Illinois Foodservice Sanitation Certification.

PERSONAL CHEF & DIETETICS

FCS150 PERSONAL CHEF & DIETETICS
Elective: Grades 9,10,11,12, One half unit
Prerequisite: None
Grade Weight: College Prep

This course provides extensive knowledge in nutrition and dietetics. Students will study the science of nutrients in food, how the body uses nutrients, and the relationship between diet, health, and disease. Students will apply the current theories in dietetics to case studies. In addition, students will apply these principles to culinary lab experiences. This one semester course is offered first and second semesters.

INTRODUCTION TO FASHION

FCS110 INTRO TO FASHION
Elective: Grades: 9,10,11,12, One half unit
Prerequisite: None
Grade Weight: College Prep

This is a semester-long course open to all students. Topics include fashion movement, visual merchandising, elements and principles of design, meaning of clothing and careers in fashion.

FASHION DESIGN & MERCHANDISING

FCS120 FASHION DESIGN & MERCH
Elective: Grades 9,10,11,12, One half unit
Prerequisite: Intro to Fashion or Fashion Merchandising (year-long course)

Grade Weight: College Prep

Fashion Design and Merchandising is a semester course that focuses on the retail industry. Students will learn how the retail world works, how to advertise for a successful business, the purpose behind store layout, and other important aspects of the retail industry. This course will get students ready for a career in the marketing and retail world. Students will also be applying their knowledge to create promotions for the annual fashion show.

FASHION DESIGN & CONSTRUCTION

FCS130 FASHION DESIGN & CONST
Elective: Grades 9,10,11,12, One half unit
Prerequisite: Intro to Fashion or Fashion Merchandising (year-long course)

Grade Weight: College Prep

Fashion Design and Construction is a semester course that focuses on individualized pattern design followed by customized construction of form fitted garments. Students will create and design garments using advanced principles and elements of design. Students will incorporate these custom designs into the annual fashion show. This hands-on course will prepare students for a career in the fashion industry as well as begin their professional portfolio development.

CHILD DEVELOPMENT: THE EARLY YEARS

FCS160 CHILD DEV EARLY YEARS

Elective: Grades 9,10,11,12, One half unit

Prerequisite: None

Grade Weight: College Prep

During the first semester the emphasis is placed on parenting and the development of the child from birth to age 4. As part of their studies, students will observe the life stages of newborns, infants and toddlers. Specific teaching interactions will be focused on through the use of student relatives and community members. Students will also participate in a "mini-infant/toddler play-group" to gain insight into the development of the child and the interaction between children.

HUMAN DEVELOPMENT: THE SCHOOL-AGED YEARS

FCS170 HUM DEV SCHOOL AGED YEARS

Elective: Grades 9,10,11,12, One half unit

Prerequisite: None

Grade Weight: College Prep

This course will focus on the school-aged years of development. Time will be spent learning how to work with children in a school setting. Classroom activities will prepare students to teach and work with children in a preschool setting. Students will begin to develop entry level skills for careers in the child career industry.

CHILD CARE PRACTICUM

FCS311 FCS312 CHILD CARE PRACTICUM

Elective: Grades 10, 11, 12, One unit

Prerequisite: Human Development (year long course),
CD: The Early Years or
HD: The School-Aged Years

Grade Weight: College Prep

The pre-school lab setting at Leyden gives students experience in working with children. Students learn to plan activities for children 4 to 5 years old. Upon completion of this course, students will be qualified to obtain successful employment in early childhood education or child care services. Students who achieve an A or B in Child Development: The Early Years, Human Development: School-Aged Years and Child Care Practicum are eligible to earn articulated credit in the Triton Early Child Care program.

TASTE OF TEACHING

FCS321 FCS322 TASTE OF TEACHING

Elective: Grades 11, 12, one unit

Prerequisite: Child Care Practicum or concurrent enrollment in CCP (for grade 12 only).

Grade Weight: College Prep

After successful completion of Child Care Practicum, this advanced course provides high-level experiences in curriculum development and teaching methods for elementary school aged students. Students will apply their 'teaching skills' at area elementary schools.

HOTEL AND TRAVEL SERVICES

FCS331 FCS332 HOTEL AND TRAVEL SERVICES

Elective: Grades 11, 12. Two units

Prerequisite: None

Grade Weight: College Prep

This two-period course emphasizes organizational skills, professionalism, communication skills, safety and sanitation, ethics, customer relations and management. Following these introductory topics, students are placed at hotels, travel agencies, or at the airport. While on site, students shadow different personnel, gaining valuable career knowledge. Students receiving an A or B in Hotel and Travel Services are eligible to earn articulated credit in the Triton Hospitality Program.

MEDICAL CAREERS

FCS350 MEDICAL CAREERS

Elective: Grades 11, 12. One unit

Prerequisite: Health, successful completion of 2 years of science

Grade Weight: College Prep

In this course, students gain insight about various medical careers by visiting a local hospital. Students observe professionals in various departments: radiology, laboratory, physical therapy, nursing, and exercise physiology. The course meets for two periods and provides one unit of credit upon successful completion of the semester. Students must also enroll in SCI351/352.

Students study topics that will prepare them for their shadowing experience—the human body, medical terminology, controlling infection, safety, vital signs, interpersonal communications, rules and policies of the hospital. For several weeks, students are bussed to a local hospital (or other sites) 4 days a week for their "shadowing" experience. The student will select and be assigned to many different areas in the hospital. While observing, they will take part in daily routines and interact with hospital personnel to gather information pertaining to each department. The remaining days, students will meet in the classroom to share their shadowing experiences and to study medical careers in great length.

INTERIOR DECORATING

FCS180 INTERIOR DECORATING

Elective: Grades 9, 10, 11, 12. One half unit

Prerequisite: None

Grade Weight: College Prep

This course encompasses color application, elements of design, construction basics, housing trends, and technology. Emphasis is placed on computer applications involving floor planning and furniture arrangement as well as the selection of interiors. Knowledge is acquired in working procedures, consumer concerns related to housing choices, careers, and current technology in the field of interior design. Students earning an A or B in Interior Decorating are eligible to earn articulated credit in Triton's Interior Design program.

COOPERATIVE WORK PROGRAM

COOP611 COOP612

CWP

Elective: Grade 12. One unit

Prerequisite: One credit in Business, Family and Consumer Sciences, and/or Industrial Technology

Grade Weight: College Prep

The Cooperative Work Program is designed to relate the high school experience to career goals. This program is a part of the total educational process that assists students as they prepare for full-time career decision-making. The classroom portion of Coop helps each student become a marketable candidate as they study work ethics, relevant interpersonal skills, and workplace knowledge. Through the Cooperative Work Program, students improve work skills and build an employment portfolio. Coop students will prepare for and take the Career Readiness Certificate exam. **Students must be enrolled concurrently in Related Cooperative Work Program.**

RELATED COOPERATIVE WORK PROGRAM

COOP621 COOP622

COOP REL WRK PRG

Elective: Grade 12. One unit

Prerequisite: One credit in Business, Family and Consumer Sciences, and/or Industrial Technology

Grade Weight: College Prep

The Related Cooperative Work Program gives students options for real world experience. Students may choose from a paid part-time position, dual credit at Triton, cosmetology training at Ms. Roberts Academy, or a pharmacy tech internship. A Coop Coordinator guides students through selected programs to maximize the benefit from the experience. See page 13 for additional information. Students must be enrolled concurrently in Cooperative Work Program.